



A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING FLU AND ITS PREVENTION AMONG MOTHERS OF UNDER FIVE CHILDREN IN SELECTED RURAL AREAS AT BANGALORE

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ABSTRACT

Background Children are the world's most valuable assets and their wellbeing indicates the standard of living of the country. They constitute one third of the total population, **Objective.** study to assess pre and post, to compare pre and post test knowledge scores and to find out the association between pre test knowledge score with selected demographic variables. **Methods** Quasi experimental one group Pre test and Post test research design was adopted, study was conducted rural area located at Bangalore. **Result** The Pre test result shows 30% of the mothers had inadequate knowledge, 70% had moderate knowledge and none of mother had adequate knowledge Post test measures after intervention 24 (40.0%) of the mothers had adequate knowledge 36 (60.0%) had moderate knowledge and none of the mothers had inadequate knowledge. The mean knowledge score of the Pre-test 45.67%, whereas, the mean knowledge score of the Post test was 73.40%.further, enhancement of mean knowledge was found 27.73%., Paired 't' test was found 32.01 this indicating significant enhancement of knowledge score from Pre test to Post test at $P < 0.05$. **Conclusion** The overall observation showed that periodic health education is very effective among the mothers of under five children regarding swine flu and its prevention.

Key word. Children, Swine flu, structural teaching programme. Knowledge.